

# Newsletter

A Newsletter of the Mobile Islamic Community



## Read the HOLY QURAN DAILY

### Revelation of Qur'an Was in Ramadan

This surah was revealed to the Prophet Muhammad (p.u.b.h) which signified the beginning of his Prophethood.

1. Recite in the name of your Lord who created -
2. Created man from a clinging substance.
3. Recite, and your Lord is the most Generous -
4. Who taught by the pen -
5. Taught man that which he knew not.
6. No! [But] indeed, man transgresses.
7. Because he sees himself self-sufficient.
8. Indeed, to your Lord is the return.



## HOLY QURAN AL ALAQ: 1-8

Oh Allah!  
Grant us Barakah  
(Blessing) during  
Rajab and Sha'baan,  
and allow us to reach  
Ramadaan

## Read, Listen, and Study Lectures of Imam W.D. Mohammed

### Ya Ramadan! by Noor Syed

In the Name of ALLAH, the Most Merciful, the Most Kind

A blessed month is casting its shadow upon us

A night of this month is better than a thousand months

Bear with patience for the sake of Ar-Rahman

It's a continuous training to strengthen our Imaan.

Glory be to ALLAH who sent Ramadan as a mercy to mankind

It's a purification of our soul, our heart, and our mind

With the most sincere devotion and love we fast

To be cleansed and free from sins of the past

Glorified is He, who chooseth this holy month,

To test our sabr and fill our hearts with warmth

Of his Divine Light, His blessings shall glow,

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## The Month of RAMADAN is the Ninth Month of the Islamic (Hijri) Calendar

### RAMADAN

Ramadan is projected to take place between March 23 and April 22, 2023. Sighting of the new moons, the Hilal, will determine the actual dates. Ramadan is the ninth month of the Islamic calendar. It is spent fasting from dawn to sunset, and with extra prayers.

The word fasting has different words in different languages around the world. It is known as ayuno in Spanish, Jeûne in French, Perhiz in Turkish, Siyam in Arabic and Puasa in Indonesian and Malay.

The word Sawm or Siyam means abstain. This means avoiding food, drink, sexual intercourse and other activities that break the fast. Though these are all beneficial aspects of fasting in Ramadan, consciousness and reverence to ALLAH are the most important.

"The proper foods to eat to improve mental power, physical appearance, for prevention of illness, curing of ailments and prolonging life" was delineated in a series of books, 'How to Eat to Live' by The Honorable Elijah Muhammad, over seventy years

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### A Report From the Event:



To conclude Black History Month, on February 25, 2023, the Mobile Islamic Community presented a program tracing some of the history of Islam in America. Carrying on the tradition of historical accuracy, from the Nation of Islam to Al-Islam, the event held at the Ben May Library's Bernheim Hall was attended by both Muslims and non-Muslims. The eye-opening video, "This Far by Faith", gave insights into the growth and development from NOI to AL-ISLAM as practice by 2 billion Muslims all over the world. Imam W. D. Muhammad paved the way for over 2 million Muslim Americans, descendants of former slaves, who were previously called Black Muslims, to join practitioners of Al-Islam worldwide. Go to the link below for program, participants, and pictures.  
<https://photos.app.goo.gl/sFAmobFYxMLrSV387>



### DID YOU KNOW

Recognizing the four basic signs of a scam:  
Scammers pretend to be from a familiar organization or agency, like the Social Security Administration. They may email attachments with official-looking logos, seals, signatures, or pictures of employee credentials.

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The Seer of the unseen, all He does know

Ya ALLAH! For thee, let my breath be more pleasant than musk  
Ya ALLAH! For thee, let me be thankful when day turns to dusk  
My thoughts and heart are purified, my eyes truly see,  
This blessed month, the month of spiritual rhapsody!

Ya ALLAH! For thee, my life I shall live!  
Ya ALLAH! For thee, my soul I shall give!  
In the Name of ALLAH, the Most Merciful, the Most Kind,  
Praise be to ALLAH, who sent Ramadan as a gift to mankind.

### DID YOU KNOW

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Scammers mention a problem or a prize. They may say your Social Security number was involved in a crime or ask for personal information to process a benefit increase.

Scammers pressure you to act immediately. They may threaten you with arrest or legal action.

Scammers tell you to pay using a gift card, prepaid debit card, cryptocurrency, wire or money transfer, or by mailing cash. They may also tell you to transfer your money to a "safe" account.

Ignore scammers and report criminal behavior. Report Social Security-related scams to the SSA Office of the Inspector General (OIG). Visit [www.ssa.gov/scam](http://www.ssa.gov/scam) for more information.

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ago. Many Americans, both Muslim and non-Muslim, long before today's health emphasis, have come to recognize the nutritional information offered in these writings as beneficial to both physical and economic health. Though not an adherent of Elijah Muhammad's form of Islam, practitioners of Al-Islam, here in the Mobile Islamic Community, and both Muslims and non-Muslims alike, recognize the wisdom in developing nutritional and lifestyle changes that enhance factors for how to eat to live a healthy life.

### Historical Muslim American Delights for Ramadan and Year Round

#### Bean Soup

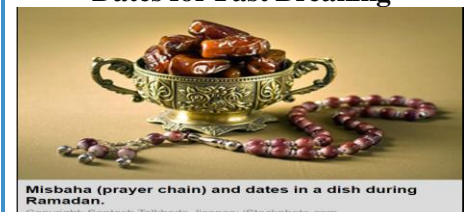


#### Bean Pie



#### Bean Fish Cakes Bean Ice Cream

#### Dates for Fast Breaking



Misbaha (prayer chain) and dates in a dish during Ramadan.  
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